

The White Rose Challenge Long Route Instructions

Mile	Instruction
0.0	Depart near Ben Rhydding on Denton Road (East) through Askwith
4.7	Through Weston, then turn RIGHT (South) onto Billams Hill
4.9	Turn LEFT (North-East) onto B6451 [Farnley Lane]
6.6	At Farnley, stay on B6451 [Farnley Lane] (North)
10.6	Turn LEFT (West) onto Smithsons Lane and continue straight on to join A59
12.5	Turn LEFT (West) onto A59 [Skipton Road]
13.8	At Blubberhouses, stay on A59 [Hopper Lane] (West)
14.0	Turn RIGHT (West) onto Hall Lane
18.9	Turn LEFT (North-West) onto Redlish Road [Blake Gate]
22.1	Turn LEFT (West) onto B6265 [Greenhow Hill]
27.7	At Hebden, stay on B6265 (West)
29.3	Turn left into 1st Feed Station – Grassington Visitor Centre
29.4	At Grassington, turn RIGHT (North) onto Wood Lane
32.4	At Conistone, stay on Local road(s) (North-East)
35.9	At Kettlewell, stay on B6160 (North-West)
39.4	At Buckden, Bear LEFT (North-West) onto Dubbs Lane
44.2	Bear RIGHT (North-West) towards Oughtershaw
45.2	At Oughtershaw, stay on Local road(s) (North) towards Hawes
50.7	At Gayle, turn RIGHT (East) onto Marridales and Old Gayle Lane
51.4	Turn LEFT (West) onto A684 [Burterset Road]
52.0	Turn right into 2nd Feed Station – Hawes Visitor Centre
52.1	Turn RIGHT (North-East) onto Brunt Acres Road
52.8	Turn LEFT (West) onto Local road(s)
54.1	Turn RIGHT (North-West) onto A684 towards Sedberg
58.9	Turn LEFT (South-East) towards Cowgill
63.3	At Cowgill turn LEFT (East) onto B6479 towards Horton in Ribblesdale
75.7	At Horton in Ribblesdale, stay on B6479 (East) towards Stainforth
79.6	Turn LEFT (North) onto Main Road and then Right (East) onto Goat Lane
80.9	At Silverdale Rd, turn RIGHT (East) towards Malham
87.2	Turn right into 3rd Feed Station – Malham Visitor Centre
88.3	At Kirby Malham, turn LEFT (South) towards Airton
89.7	At Airton, turn LEFT towards Winterburn
94.9	At Winterburn, keep RIGHT to Cracoe
95.5	At Cracoe, bear RIGHT (East) onto B6160 towards Burnsall
98.4	Bear RIGHT (East)
99.3	At Burnsall, stay on B6160 (East) for 0.3 mile
99.6	Turn LEFT (East) onto Local road(s) towards Appletreewick
101.0	At Appletreewick, stay on Local road(s) (East)
101.6	Turn RIGHT (South) onto Stangs Lane
103.7	Bear LEFT (South) onto B6160 to Bolton Abbey
106.7	At Bolton Abbey, stay on B6160 (South)
107.4	At roundabout, take the FIRST exit onto A59
107.8	Turn RIGHT (South) onto Beamsley Lane
108.2	Turn LEFT (North) onto Lanshaw Bank
109.7	At Langbar, stay on Currer Lane (South-West)
112.3	Turn LEFT to stay on Hardings Lane
114.0	Turn LEFT (East) onto Denton Road
114.3	Arrive back at HQ