

The White Rose Challenge Medium Route Instructions

Mile	Instruction
0	Depart near Ben Rhydding on Denton Road (East)
2.1	At Askwith, stay on Local road(s) (East)
3	At Weston, stay on Local road(s) (East)
4.7	Turn RIGHT (South) onto Billams Hill
4.9	Turn LEFT (North-East) onto B6451 [Farnley Lane]
6.6	At Farnley, stay on B6451 [Farnley Lane] (North)
10.6	Turn LEFT (West) onto Smithsons Lane
11.5	Turn RIGHT (North) onto Local road(s)
12.5	Turn LEFT (West) onto A59 [Skipton Road]
13.8	At Blubberhouses, stay on A59 [Hopper Lane] (West)
14	Turn RIGHT (West) onto Hall Lane
18.9	Turn LEFT (North-West) onto Redlish Road [Blake Gate]
22.1	Turn LEFT (West) onto B6265 [Greenhow Hill]
27.7	At Hebden, stay on B6265 (West)
29.3	Turn left into 1st Feed Station – Grassington Visitor Centre
29.4	At Grassington, turn RIGHT (North) onto Wood Lane
32.4	At Conistone, bear left on Local road(s)
32.7	Turn RIGHT (North) onto B6160 to Kilnsey
32.9	At Kilnsey, stay on B6160 (North)
33.7	Turn LEFT (West) to Arncliffe and Halton Gill
41.5	At Halton Gill, turn (South) towards Stainforth
48.3	At Silverdale Rd, before Stainforth, turn LEFT (East) towards Malham
53.5	Turn right into 3rd Feed Station – Malham Visitor Centre
55.2	At Kirby Malham, turn LEFT (South) towards Airton
56.4	At Airton, turn LEFT towards Winterburn
58.4	At Winterburn, keep RIGHT to Cracoe
62.1	At Cracoe, bear RIGHT (East) onto B6160 towards Burnsall
66.1	At Burnsall, stay on B6160 (East) for 0.3 mile
66.4	Turn LEFT (East) onto Local road(s) towards Appletreewick
67.8	At Appletreewick, stay on Local road(s) (East)
68.4	Turn RIGHT (South) onto Stangs Lane
68.6	Bear LEFT (South) onto B6160 to Bolton Abbey
73.5	At Bolton Abbey, stay on B6160 (South)
74.3	At roundabout, take the FIRST exit onto A59
74.7	Turn RIGHT (South) onto Beamsley Lane
75.0	Turn LEFT (North) onto Lanshaw Bank
76.5	At Langbar, stay on Currer Lane (South-West)
79.0	Turn LEFT to stay on Hardings Lane
80.8	Turn LEFT (East) onto Denton Road
81.1	Arrive back at HQ